



Berkshire College  
English Life Skills at Christmas  
Sample programme  
December 2021 - January 2022

Saturday 11th		Sunday 12th		Monday 13th		Tuesday 14th		Wednesday 15th		Thursday 16th		Friday 17th	
AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Welcome talk and site orientation	Sports Afternoon - Indoor	Relaxed morning	13:30 - 15:30 Visit the local town to explore and go shopping	ENGLISH LIFE SKILLS STUDY SESSIONS	Sports Afternoon - Outdoor	ENGLISH LIFE SKILLS STUDY SESSIONS	Arts and Crafts - The Green Project	ENGLISH LIFE SKILLS STUDY SESSIONS	14:00 - 15:00 Scavenger hunt in the school grounds	ENGLISH LIFE SKILLS STUDY SESSIONS	13:30 - 15:00 Outdoor Activity - (Subject to availability and change)	ENGLISH LIFE SKILLS STUDY SESSIONS	13:30 - 18:00 Half Day excursion to Reading with Reading Museum
19:00 - 21:00 Film Night		19:00 - 20:30 Be Kind Rewind		19:00 - 20:30 Be Kind Rewind		19:00 - 20:30 Quiz Night		19:00 - 20:30 Karaoke Night		19:00 - 20:30 Games Night		19:00 - 20:30 Disco	

Saturday 18th		Sunday 19th		Monday 20th		Tuesday 21st		Wednesday 22nd		Thursday 23rd		Friday 24th	
AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Relaxed morning	Laser tag afternoon	Relaxed morning	14:00 - 15:00 Photograph Scavenger hunt in the school grounds	ENGLISH LIFE SKILLS STUDY SESSIONS	13:30 - 15:00 Outdoor Activity - (Subject to availability and change)	Full day excursion to London, including Walking Tour (Buckingham Palace, Downing Street, Houses of Parliament, Big Ben), British Museum & Covent Garden		ENGLISH LIFE SKILLS STUDY SESSIONS	14:00 - 15:00 STUDY SKILLS Mindset and Motivation 16:00 - 17:00 Arts and crafts - Christmas theme	ENGLISH LIFE SKILLS STUDY SESSIONS	14:00 - 16:00 Christmas around the world	ENGLISH LIFE SKILLS STUDY SESSIONS	14:00 - 15:00 Christmas treasure hunt
19:00 - 20:30 Around the World		19:00 - 20:30 Quiz Night		19:00 - 21:00 Film Night		19:00 - 20:30 Dragons Den		19:00 - 20:30 Karaoke Night		19:00 - 20:30 Escape room challenge		19:00 - 21:00 Christmas themed Games Night	

Saturday 25th		Sunday 26th		Monday 27th		Tuesday 28th		Wednesday 29th		Thursday 30th		Friday 31st	
AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Christmas Day - Time to open presents from home. Spend time talking to your family, friends and have Christmas Dinner		Boxing Day - A day to relax, watch TV/Films and to talk with family and friends		ENGLISH LIFE SKILLS STUDY SESSIONS	14:00 - 15:00 Basketball 16:00 - 17:00 Badminton	Full day excursion to Oxford Including Walking Tour and Oxford University Museum of Natural History		ENGLISH LIFE SKILLS STUDY SESSIONS	14:00 - 15:00 STUDY SKILLS Procrastination 16:00 - 17:00 Arts and crafts - New year theme	ENGLISH LIFE SKILLS STUDY SESSIONS	13:30 - 15:30 Visit the local town to explore and go shopping	ENGLISH LIFE SKILLS STUDY SESSIONS	14:00 - 16:00 2021 Vlogs - Looking back on the year
19:00 - 21:00 Christmas Film Night		19:00 - 20:30 Karaoke Night		19:00 - 21:00 Trashion Show		19:00 - 21:00 Film Night		19:00 - 20:30 The Oscars		19:00 - 20:30 Sports Night		20:00 - 00:00 New Years Eve party	

Saturday 1st		Sunday 2nd		Monday 3rd		Tuesday 4th		Wednesday 5th		Thursday 6th		Friday 7th	
AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
New Years Day - A day to relax after a midnight celebration of entering 2022		Relaxed morning	Archery tag afternoon	ENGLISH LIFE SKILLS STUDY SESSIONS	13:30 - 15:00 Outdoor Activity - (Subject to availability and change)	ENGLISH LIFE SKILLS STUDY SESSIONS	14:00 - 15:00 STUDY SKILLS Goal setting	ENGLISH LIFE SKILLS STUDY SESSIONS	13:30 - 15:30 Visit the local town to explore and go shopping	ENGLISH LIFE SKILLS STUDY SESSIONS	Sports Afternoon - Indoor	ENGLISH LIFE SKILLS STUDY SESSIONS	Arts and Crafts The year 2022
19:00 - 20:30 Attractions		19:00 - 20:30 Quiz Night		19:00 - 20:30 Casino Night		19:00 - 21:00 Film Night		19:00 - 20:30 Games Night		19:00 - 20:30 Bingo		19:00 - 20:30 Karaoke Night	

Saturday 8th		Sunday 9th	
AM	PM	AM	PM
Relaxed morning	14:00 - 15:00 Basketball 16:00 - 17:00 Badminton	Relaxed morning	Preparation to return to school
19:00 - 21:00 Film Night			

This is a sample programme and is subject change. English life skills - The purpose of these English sessions is to help students develop in a way that is going to be useful to them as they go on to become young adults. They will cover topics such as "CV writing", "Interview skills", "Presentation skills", "Writing for academic purposes", "Projecting confidence, competence and credibility" etc.

